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ASKR 22. - 28. July 2018



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ARCTIC SEA KAYAK RACE 22. - 28.7.2018

– the world's most beautiful paddling festival

Every year, hundreds of enthusiasts from countries far and wide come to one of the world's best areas for sea paddling, namely **Vesterålen in northern Norway!** ASKR has something to offer for everyone with competitions, paddling trips plus organized paddling courses for beginners and families - and all in the same week! The fishing village of Skipnes will be the base for the ASKR, just as it has been for the last few years.

Arrangements:

Camp: An extended basic course in sea paddling for beginners, Completion qualifies for the Norwegian Paddling Association's «vått kort» (wet card), level 2.

Ramble: Paddling trips. One short (ca. 90 km), one long (ca.120 km) spread over 5 days (incl. one rest day).

Thursday [«resting day»]: 200 m sprint and other activities.

Half-Marathon: The course goes on both the open sea and within the archipelago. Approx. 21 km. Competition or just as a day-trip.

Registration/information:

visit our website: www.askr.no or contact: karl-einar@blv.no / astrid@vestreg.no



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